

A LETTER FROM OUR NEW PRESIDENT

Donald F. Feeney DC, DACBN, CCN, LD/N

One of the primary goals of the Council on Nutrition is to help our patients and the general public, alike, to recognize that good nutrition is absolutely fundamental to both good health and disease prevention, I firmly believe that many of our nation's rampant diseases – from diabetes and childhood obesity to cancer and cardiac problems – could be prevented, or their gravity lessened, by knowing what foods the body needs, and which ones compromise our health.

I believe strongly in the simple truth that with proper nutrition – from the foods we eat and the vitamins, minerals and supplements we take – the body can heal itself, or at the very least, achieve a vast improvement in overall health, a decrease in pain, and improved quality of life, That is one reason the Council on Nutrition is so committed to spreading that word not only in the chiropractic community, but with members of other professions who often have had limited exposure to the essential impact of nutrition on an individual's overall health.

With health-care costs skyrocketing, it also makes economic sense to prevent disease rather than treating its effects. One of the primary goals of the Council on Nutrition is to help our patients and the general public, alike, to recognize that good nutrition is absolutely fundamental to both good health and disease prevention, Many of our nation's rampant diseases – from diabetes and childhood obesity to cancer and cardiac problems – could be prevented, or their gravity lessened, by knowing what foods the body needs, and which ones compromise our health.

With the leadership of Dr. Stephen as our immediate past President I feel we have solved all of the differences that have split our council. I believe the next big challenge for our Council is to recruit younger members into our council and to get more members to step forward and take over leadership positions in our Council. This has to be done or our mighty goals to help heal a sick nation will fall by the wayside.